



Head of Academy: Mr P Weir
CEO: Mrs B Mabey

29th January 2018

Parental Information Workshops

Dear Parent or Guardian

I would like to invite you to some free parental information workshops at Saltley Academy. The workshops will be run by Suzanne Skeete, Managing Director of Teen Line, which is a non-profit social enterprise that supports young people in over 50 schools across the Midlands, Derbyshire, Gloucester and Staffordshire. Suzanne is a trained mental health worker and therapist, with a wealth of experience working with young people and supporting them through the challenges they can face.

"We all need a little support sometimes and raising or teaching children can be challenging. Our workshops are presented using our signature style providing effective tools and strategies in action. Every one of our workshops will guide you in a variety of parenting or teaching challenges. You are guaranteed to leave our workshops with new tools that you can begin using immediately."

The workshops will be held at Saltley Academy, each with an individual focus each 1 hour long. You are welcome to come to one of them, or all 6. **The first workshops are on Friday the 2nd of February at 10:00-11:00 and 11:00-12:00.** The topics being covered are:

- Resilient Parenting
- Managing Emotions
- Communication with your Teenager
- Encouraging Positive Behaviour
- Conflict Resolutions
- Keeping Children Safe Online

The workshops will continue on Friday the 9th and 16th of Feb at the same time. If you would like to know more or confirm your place please speak to Nusrat Kauser Tel: 0121 566 6554.

Yours faithfully

Mr Peter White
Deputy Head teacher

